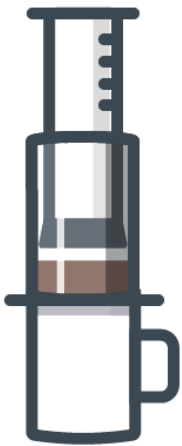




**COFFEE
NERDS**

BASIC AEROPRESS RECIPE



1. Grind 15g of coffee beans into a paper cup.
2. Remove plunger from Aeropress.
3. Put one round paper filter into the Aeropress basket, rinse it with water, and screw it on.
4. Set lower part of Aeropress on your cup and put in the ground coffee.
5. Fill quarter of the Aeropress with hot water (~90°C).
6. Vigorously stir 2-3 times and remove stirrer.
7. Fill Aeropress with water to about 1 cm below the brim.
8. Insert plunger and push it down.

CLEANUP

- Do not pull out plunger yet.
- Flip Aeropress over.
- Unscrew Basket.
- Push spent coffee puck into organic waste by pushing plunger through.
- Remove plunger and rinse all parts of the Aeropress.

BASIC V60 RECIPE



1. Grind 15g of coffee beans into a paper cup.
2. Put a paper filter into the v60 and rinse it with water.
3. Set v60 on your cup and put in the ground coffee.
4. Put all of it on a scale and zero the scale.
5. During 1 minute pour hot water (~94°C) in a circular motion into the filter until scale shows 250g.
6. Wait until coffee is drained.

CLEANUP

- Dump filter into organic waste.
- Rinse v60.